

The Arc



The Arc of the Capital Area | **Annual Report**

Bridging the Gap for People with Disabilities



DEAR FRIENDS

Dear Friends,

We are honored and humbled to provide services to people with intellectual and developmental disabilities and their families. We have been doing this for more than 60 years. I have never heard a parent or a person with a disability say, "Thank you, but we are getting enough." Texas ranks 48th in health and human services spending. There is so much more to accomplish!

Although the economy has been a challenge, it has inspired our board and staff to think about how we adapt to changing economic conditions. It has also motivated us to excel in the face of our challenges:

We are making a huge difference for a community of people with tremendous and complex needs. In 2010, we are launching an exciting new program to serve individuals and families in transition – school to work, family to home, with the ultimate goal of transition to independence. This service will give families and individuals the supports they need to plan at every transition along the way.

The Arc is widening our circle of support, developing more collaborations and strategic relationships. We recently launched our "A" Is For Art Program, which places our artists with developmental disabilities as art instructors for children from the Open Door Preschool, an innovative non-profit that integrates children with disabilities and their non-disabled peers.

Financial transparency continues to be a prime goal. We want our funders to be confident that their investments are dedicated to our mission and to know that we are achieving exceptional results at maximum efficiency.

We are surpassing expectations. In 2009, our Arc of the Arts program received the Greenlights for Non-Profit Success Innovation Award. In addition, we have increased the number of clients served. Our Family and Caregiver Support Services program increased services to caregivers by 49% in 2009.

You can read more about our other 2009 accomplishments in this report. We want you to know that your support to The Arc is essential, appreciated, and making Central Texas a better community. Thank you for an outstanding year!

Susan Eason
Executive Director



MISSION

The Arc of the Capital Area is dedicated to providing personalized, community-based services that improve the quality of life for individuals with intellectual and developmental disabilities and their caregivers.

VISION

We envision a future where people with disabilities and their families have the same opportunities as others to pursue full and productive lives.



DEVELOPMENTAL DISABILITIES DEFINED

Developmental Disabilities is a term used to describe life-long disabilities attributable to mental and physical impairments, which are manifested prior to age 22. A few examples are autism, mental retardation, cerebral palsy and Down syndrome.

RECENT ACCOMPLISHMENTS

- The Arc has been serving Central Texas for more than 60 years, making us one of the oldest non-profits in Central Texas.
- In 2008, we opened the Arc of the Arts Studio & Gallery at 6717 Burnet Road, which provides job skills training and art and music lessons to citizens with developmental disabilities, to assist them in attaining independence as adults.
- Over the past two years, we have increased attendance by 50% at our largest fundraiser, The Building Bridges Art Celebration & Auction.
- Our Juvenile Justice Services Program was recognized as an outstanding collaborator with the Juvenile Mental Health Court (COPE). We provided several families with much needed assistance in the academic arena – including securing additional educational resources to address various developmental disabilities and mental health diagnoses for the youth involved with COPE.
- Our Manager of Family and Juvenile Services, Tina Ryan, received the Champions for Children Award from Helping Hand Home For Children.
- Last year our Arc of the Arts program received the Greenlights for Non-Profit Success Innovation Award.
- Arc of the Arts also received a recognition award from The Criss Cole Rehabilitation Center for participating in their work-study collaboration.
- The Arc is the only organization in Austin providing respite care, guardianship and juvenile justice services for adults and youth with disabilities.
- The Arc is a founding member of two formal collaborations – The Basic Needs Coalition of Central Texas and the Intellectual and Developmental Disabilities Coalition ensuring that the best services possible are provided to the target audience without duplication.
- The Board of Directors contributes financially (100%), is actively involved in sub-committees and is balanced between community leaders and family members of children with special needs.

ABOUT US

PROGRAMS



Intake & Referral Services offers immediate information to individuals who are seeking assistance from The Arc, and links them to other appropriate community resources.

Family & Caregiver Support Services encompasses an array of educational and support services for caregivers and families of children with developmental disabilities, including academic coaching, specialized respite care, Special Education advocacy, parent mentoring, guardianship services, support groups and educational workshops.

Juvenile Justice Services is the only program in Central Texas that works directly with local school districts, the courts and the probation system to provide educational advocacy and case management services to help youth in Special Education complete high school, stay out of the criminal justice system and become contributing members of the community.

Adult Case Management Services coordinates a range of community integration services and supports to help adults with developmental disabilities achieve and maintain personal independence.

CLASS Case Management Services is currently one of four Medicaid Community Living Assistance & Support Services (CLASS) case management providers in a 17-county area.

Basic Needs & Crisis Assistance Services provides access for people with developmental disabilities and their families to medical/adaptive equipment and supplies, crisis assistance to help with housing, utilities, transportation, medical payments, child care costs and holiday assistance.

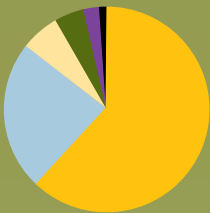
Arc of the Arts is an innovative program that provides art and music classes for people with developmental disabilities (age 14+). Volunteer artists are matched with clients to create and showcase works of art in a socially inclusive environment. Our Traber Art Studio and The Cool Family Gallery at 6717 Burnet Road also teaches workplace and marketing skills, further integrating them into the community.

In 2009, we served 2,216 adults and children with developmental disabilities and their parents or caregivers. Our clients are a vulnerable, often invisible segment of society.

More than 90% of our adult clients living independently live at or below Federal Poverty levels. Many who still live with a caregiver create an additional financial burden on the household because of their limited employment opportunities, and the limited outside employment opportunities of their parents or caregivers.

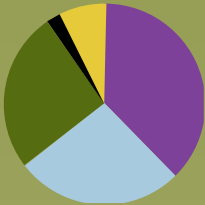
Many people with developmental disabilities suffer from poor mental and physical health, and no job training, skills or employment opportunities. Although many are employable, 81% are unemployed. They are also often inexperienced at socialization, and confined to their homes, depressed, and in poor condition.

Their families sacrifice to care for them and worry constantly about who will provide that care when they are no longer around or when they become ill or aged. The Arc is a lifeline to these families.



Family and Caregiver Support Services	1,557
CLASS	406
Adult Case Management	102
Arc of the Arts	81
Juvenile Justice Services	59
Guardianship Services	11
TOTAL	2,216

ETHNICITY



Anglo	41%
Hispanic	25%
African-American	23%
Asian-American	2%
Other	9%

GENDER



Male	69%
Female	31%

OUR VOLUNTEERS

We would like to thank the more than 400 volunteers who faithfully support our programs, and donated approximately 6,921 hours last year, valued at \$141,672.

OUR CLIENTS & VOLUNTEERS

BOARD OF DIRECTORS



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Real Estate Developer



STATEMENT OF FINANCIAL ACTIVITY
December 31, 2009

REVENUE & OTHER SUPPORT	%	2009	2008	%
Program Service Fees	56.03%	\$ 910,671	\$ 840,783	52.74%
Grants and Contracts	15.07%	\$ 244,860	\$ 203,613	12.77%
United Way Allocations	3.42%	\$ 55,525	\$ 106,674	6.69%
Contributions	5.54%	\$ 89,986	\$ 141,253	8.86%
Sales Revenues	0.82%	\$ 13,333	\$ 5,548	0.35%
Special Events	18.94%	\$ 307,762	\$ 287,201	18.01%
Investment Income	0.09%	\$ 1,457	\$ 7,141	0.45%
Memberships	0.11%	\$ 1,750	\$ 2,120	0.13%
TOTAL REVENUES	100.00%	\$1,625,344	\$1,594,333	100.00%

EXPENSES	%	2009	2008	%
PROGRAM SERVICES				
Case Management	49.57%	\$ 846,751	\$ 830,161	54.09%
Family & Caregiver Support	11.03%	\$ 188,396	\$ 129,976	8.47%
Juvenile Justice Services	6.57%	\$ 112,481	\$ 110,542	7.20%
Basic Needs & Crisis Assistance	2.48%	\$ 42,291	\$ 43,918	2.86%
Community Education	5.25%	\$ 89,718	\$ 101,488	6.61%
Art Gallery	10.24%	\$ 174,994	\$ 57,508	3.75%
Total Program Services	85.14%	\$1,454,631	\$1,273,593	82.99%
SUPPORT SERVICES				
Management and General	7.71%	\$ 131,649	\$ 126,545	8.26%
Fund Raising and Development	7.15%	\$ 122,074	\$ 134,500	8.76%
Total Support Services	14.86%	\$ 253,723	\$ 261,045	17.02%
TOTAL EXPENSES	100.00%	\$1,708,354	\$1,534,638	100.00%

CHANGE IN NET ASSETS (DECREASE) \$ (83,010) \$ 59,695

FUNDERS & DONORS

THANK YOU.

The Arc of the Capital Area appreciates all of the support in 2009 by the following individuals, foundations, businesses and organizations.

\$10,000+

The Arc of Texas
Austin Travis County MHMR
Austin Trust Company
The Dell Foundation
Dell Employees Charitable
Campaign
Empowerment Options, Inc.
Fine Art Services - John
Traber and Jennie
Branch
Stephen Fenoglio
Jamail Development Part-
nership - Tim Jamail
Joni Elaine Templeton
Charitable Foundation
Law Offices of Deborah
Green - Deborah Green
and Lennis Polnak
Lola Wright Foundation
River City Bingo
Shield-Ayres Foundation
Still Water Foundation
Texas Department of Aging
and Disability Services
Topfer Family Foundation
Travis County - HHSD
United Way Capital Area
United Way of Williamson
County
Wells Fargo/Wachovia
Foundation
Women's Fund of Central
Texas

\$5,000-\$9,999

Austin's Pizza- JD Torian
Charles and Betti Saunders
Foundation- Pat, Steve,
Kate and Ian Saunders
Charles Schwab Foundation
City of Austin/Cultural
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Donald D. Hammill
Foundation
Draco Services, Inc.
Genelle Edwards
Rachel and Ben Vaughan
Foundation
Susan Salch
The Texas Cowboys
The Texas Cowboys Alumni
Association

\$1,000-\$4,999

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Raymond and Nancy Risk
Majid and Glenda Shoghi
Marc and Mimi Spier
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\$500-\$999

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Austin Pathology Associates
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Ted Heaton
State Farm Insurance -
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The Arc of the Capital Area

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